

Rank	RaceNo	Name	Team	Time
1	203	Andrew Donno		01:25:51
2	250	Wes Mechen	Hailsham Harriers	01:29:25
3	271	Attila Adám		01:31:41
4	272	Karl Pizer	The Run Squad	01:32:53
5	244	Tim Doughty	Worksop Harriers	01:33:23
6	78	Emma Rollings	Lewes AC	01:33:41
6	369	Dale Anderton	Meads Runners	01:33:41
8	176	Tom Ayling		01:35:07
9	246	Darren Bird	Mid Sussex Tri Club	01:35:32
10	164	Tobias Baker	Lewes AC	01:36:36
11	205	Daniel Hale	Meads Runners	01:37:10
12	235	Ross Brocklehurst	Run Wednesdays	01:37:35
13	368	Simon Coppard	Portslade Hedgehoppers	01:37:41
14	172	Joshua Rudd	Seaford Striders	01:38:04
15	346	Kevin Price	Arena 80 AC	01:39:38
16	291	Sam Evans		01:39:45
17	257	Shane Duncan	Lewes AC	01:40:15
18	169	Joseph Mangan		01:41:07
19	232	Keith Rochfort	Brighton Tri Club	01:41:16
20	181	Adam Barnes		01:42:47
21	248	James Bennett	Haywards Heath Harriers	01:42:49
22	447	Adrian Coe		01:44:03
23	396	Alan Fox		01:44:42
24	315	Ben Talbot		01:45:43
25	322	Mark Lundqvist	Pegasus Military Fitness	01:45:50
26	9	Emily Hutchinson	Arena 80 AC	01:45:57
27	305	Nicholas Campbell		01:45:59
28	378	Stuart Baker		01:46:42
29	290	Bruce Salter	Pie-Athletes	01:47:07
30	208	Sam Thomas		01:47:18
31	256	Craig Whiteley		01:47:23
32	451	Daren Elliott	Arena 80 AC	01:47:41
33	288	Dominic Tansley		01:47:52
34	308	Andrew Kemp		01:48:23
35	227	James Winstanley		01:48:40
36	179	Mark Wheeler		01:48:41
37	245	Alec Savigar		01:48:45
38	8	Aislinn Darvell		01:48:49
39	435	Mark Derry	Brighton Tri Club	01:49:09
40	207	Bijan Ayoubkhani		01:49:19
41	326	Ben Evett		01:49:22
42	359	Charlie Gilbert		01:49:41
43	242	Phil Ellis	Team Trix	01:49:45
44	260	Richard Pring		01:49:48
45	191	Alastair Carter		01:49:52
46	391	David Goode		01:50:21
47	178	Thibault Rocheblave		01:50:23
48	213	Iosu Jimenez		01:50:38
49	215	Alexander Sales	2nd BN The Parachute Regiment	01:50:41
50	385	Gus Mark		01:50:56
51	311	Panu Pelkonen		01:51:09

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52	221	Peter Coplestone		01:51:15
53	386	Alastair Randall		01:51:19
54	45	Claire Lockwood	Meads Runners	01:51:24
55	185	Joshua Nisbett		01:51:31
56	254	Paul Bizewski		01:51:44
57	173	Rowan Davies		01:51:59
58	462	Martin Randall		01:52:11
59	230	Tomasz Rudzinski		01:52:15
60	441	Patrick Morrison		01:52:39
61	439	Oliver Day		01:52:43
62	301	Neil Crust	Team Tangerine	01:52:54
63	443	Nicholas Parrish	Lewes AC	01:52:57
64	376	Tim Moloney		01:53:00
65	468	Jack Cutmore		01:53:14
66	300	Nicholas Wigginton		01:53:16
67	37	Emily Braid		01:53:21
68	231	Andrew Lamb		01:53:24
69	104	Miwa Pannell		01:53:29
70	233	Andrew Button		01:53:46
71	343	Tahir Hussain		01:53:58
72	445	Danny Garbett	Run Wednesdays	01:54:04
73	425	Clare Aquilina	Arena 80 AC	01:54:14
74	434	Sarah Godley		01:54:43
75	336	Xavier Beyaert		01:54:57
76	166	Harry Strong	Lewes AC	01:55:23
77	342	Carl Dowling	Lewes AC	01:56:00
78	328	Simon Jones		01:56:04
79	59	Rebecca Clarke		01:56:08
80	239	Wesley Duncan		01:56:22
81	460	David Proud	Lingfield Running Club	01:56:45
82	496	Martin Clevelly		01:57:15
83	472	Michael Child	Epsom Oddballs RC	01:57:50
84	352	Jason Andrews	Bourne Boys	01:57:57
85	319	Ben Hodgson		01:58:12
86	210	Jack Hutchinson		01:58:17
87	338	Nik Le Saux		01:58:28
88	357	Sean McFadden		01:58:37
89	196	Christopher Beadle		01:58:47
90	379	Martyn Haddock		01:58:58
91	87	Julie Honess	Tri Tempo (Eastbourne)	01:59:11
92	333	Robert Hammond	Run Wednesdays	01:59:16
93	102	Donna Ball	Run Wednesdays	01:59:20
94	51	Sarah Eddie		01:59:24
95	49	Katie Sanders		01:59:49
96	279	Gary Pibworth	Meads Runners	01:59:57
97	463	Charles Allen	Datchet Dashers	02:00:01
98	298	Lee Crane	BOSRun	02:00:06
99	112	Hannah Edleston	Run Wednesdays	02:00:19
100	263	David Wharton		02:00:27
101	457	Paul Kent	Cambridge Harriers	02:01:10
102	56	Lisa Skinner		02:01:28
103	307	Adam Murfett		02:01:35
104	486	Ian Marshall	Cambridge Harriers	02:01:41

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105	370	Dean James		02:02:24
106	392	Paul Webbe		02:02:39
107	57	Victoria Dewing		02:03:26
108	488	Paul Townsend		02:03:34
109	408	Jane Coles		02:03:36
110	303	Guy Mace	Run Wednesdays	02:03:47
111	340	Russell Banks	Run Wednesdays	02:03:53
112	372	Antony Mills		02:03:58
113	362	Paul Hampton		02:04:03
113	387	Antony Hewines		02:04:03
115	128	Teresa White	Brighton Multisports	02:04:35
116	320	Jim Callender		02:04:59
117	393	Barry Blackwell	Brighton Phoenix AC & Tri	02:05:09
117	258	Ross Wiggins	Burgess Hill Runners	02:05:09
119	482	William Mackrell	Saints & Sinners (Crawley)	02:05:38
120	381	Hwa-Lon Liu		02:05:56
121	268	Lee Dunstall	Eastbourne Rovers AC	02:06:25
122	395	Jonathan Bassett		02:06:27
123	341	Corin Dudley		02:06:36
124	334	Steven Russell		02:06:39
125	310	Grzegorz Kolasa		02:07:05
126	449	Neill Horan		02:07:07
127	344	Mark Brocklehurst	The Run Squad	02:07:26
127	82	Georgia Steers	The Run Squad	02:07:26
127	436	Melvyn Yeo	The Run Squad	02:07:26
130	229	Mark Bridgland		02:07:39
131	170	Gavin Webb		02:07:57
132	46	Lauren Sugg		02:07:59
133	214	Jonathan Hebson		02:08:04
134	345	Graham Smith	Brighton Tri Club	02:08:10
135	216	Christian Hearn		02:08:33
136	454	Alan Jones		02:08:45
137	292	Simon van Dyk		02:09:00
138	465	Mark Chopin	Mel's Milers	02:09:16
139	26	Faye Showell	Urban Outdoor Fitness	02:09:18
140	339	Mark Wavell		02:09:32
141	364	Ajay Khandelwal	Dulwich Runners	02:09:34
142	437	Chris Maynard		02:09:41
143	184	Liam Crump		02:09:59
144	348	Robin Newbold		02:10:19
145	147	Donna Brown		02:10:21
146	330	James Healy-Andrews		02:10:31
147	228	Wayne Liddle		02:10:58
148	106	Sarah Hannam	Eastbourne Rovers AC	02:11:02
148	444	Jonni Andrews	Run Wednesdays	02:11:02
150	262	David Clarke		02:11:06
151	450	Andrew Pringle	Reigate Priory AC	02:11:12
152	190	Mark Vidler		02:11:16
153	180	Noah Hillyard		02:11:21
154	226	Liam Brooks		02:11:34
155	85	Michelle Foster		02:11:38
155	306	Dale Streeter		02:11:38
157	253	Petar Tomov	Run Wednesdays	02:11:45

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158	281	Warren Wadsworth		02:11:50
159	335	Matthew Blaker		02:12:10
160	407	Angie Morrison		02:12:13
161	159	Rachel Jerrome		02:12:17
162	278	Richard Gardiner	Run Wednesdays	02:12:21
163	168	Ryan Walvin		02:12:43
164	374	Adrian Monti	Brighton & Hove City AC	02:12:49
165	455	David Cooper		02:12:55
166	273	Glen Archer		02:12:57
167	426	Alison Allen	Burnham Joggers	02:13:01
168	55	Jessica Chappell		02:13:05
169	367	Adrian Corrigall		02:13:28
170	162	Emma Ricca		02:13:40
171	270	Tom Evans	My Legs Ache	02:13:48
172	86	Pavlina Dalley		02:14:00
173	442	Anthony Croydon		02:14:17
174	199	Oliver Gregory		02:14:22
175	18	Antje Schemath	BOSHrun	02:15:07
176	92	Jolanta Gascoyne		02:15:10
177	198	Arjun Sahota		02:15:52
178	285	Gary Bedford	Filo Bedo	02:16:14
179	101	Karla Bradstock		02:16:25
180	189	Ben Shorer		02:16:33
181	365	Keiren Moynihan		02:17:16
181	313	Pedro Freitas		02:17:16
183	397	Paul Watson	Tipton Harriers AC	02:17:25
184	137	Nina Brierley		02:17:33
184	81	Debbie Boxall	Tuff Fitty Tri Club	02:17:33
186	158	Fenella Maloney	Run Wednesdays	02:17:37
186	390	Colin Hanks	Run Wednesdays	02:17:37
188	103	Hete Harvey		02:17:42
189	304	Andrew Bull		02:17:43
189	388	Sean O'Brien	Brighton & Hove City AC	02:17:43
189	192	Harvey Burdett		02:17:43
192	124	Jayne Smith		02:17:52
193	7	Alice Bodkin		02:18:04
194	83	Edita Olsjakova	Redway Runners	02:18:25
195	2	Emma Nelder		02:18:29
196	84	Cerina Parris		02:18:31
196	266	Jamie Scott		02:18:31
198	115	Sarah Evans		02:18:38
199	141	Helen Lacey		02:18:41
200	29	Egle Kelpsaite		02:18:58
201	466	Andy Towers		02:19:08
202	302	Gavin Rampling		02:19:23
203	323	Chris Chambers		02:20:00
204	403	Karen Clinton		02:20:09
205	384	Vincent Burch		02:20:25
206	152	Maxine Sendall	BOSHrun	02:21:39
207	446	Michael Thomson		02:21:44
208	389	Andrew Millsom		02:22:23
209	121	Natasha Ling		02:22:45
210	249	Andy Farley	Coastbusters	02:22:50

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211	109	Anna Kane		02:23:00
212	91	Emma Laing		02:23:12
213	19	Chloe Mann		02:23:32
213	182	Joe Pottington		02:23:32
215	67	Georgina Dobson		02:23:56
216	280	Rufus O'Brien		02:23:59
217	234	Richard Johnson		02:24:04
218	1	Millie Chandler		02:24:20
219	309	Saxon Chadwick		02:24:27
220	68	Tina Coleman		02:24:43
220	478	Graham Jones		02:24:43
222	148	Lorraine Butterfield		02:24:47
223	123	Natasha Sanderson	Meads Runners	02:24:50
224	122	Simone Cuthbert	Lancing Eagles RC	02:25:14
224	283	Jeremy Ramsden	Lancing Eagles RC	02:25:14
226	36	Rebecca Dawes	Compression Monkeys	02:25:18
227	211	Kevin Friday		02:25:36
228	237	Guy Dixon		02:25:50
229	93	Lucy Plant		02:25:52
230	125	Megan Corrigall		02:25:56
231	327	Paul Hobden		02:26:25
232	337	Nathan Coast		02:26:26
232	100	Rachel Keeling		02:26:26
234	458	Chris Wrathall		02:26:53
234	409	Gabrielle Tofts		02:26:53
236	459	Christopher Tofts		02:27:00
237	405	Helen Cross		02:27:05
238	380	Branton McGill		02:27:10
239	130	Angela White	Nick Rivett Run Squad	02:27:18
239	289	Justin Websdale		02:27:18
241	321	Christopher Blackman		02:27:52
242	382	Pete Rowden		02:28:02
243	485	Robert Ward		02:28:10
244	171	Joe Runchman	Gingerfit	02:28:19
245	14	Daniela Olea		02:28:29
246	212	Phillip Aquilina		02:28:37
247	204	Matthew Raycraft		02:28:41
248	15	Bethany Hancock		02:28:49
249	13	Louise Gregory		02:29:16
249	476	Michiel van Slageren		02:29:16
251	401	Lisa Bralsford		02:29:41
252	383	Phil Jones		02:29:46
253	422	Anne Wharton		02:29:48
254	60	Lisa Bridgland		02:29:51
255	473	Andrew Cumming	London City Runners	02:29:56
256	448	Jeremy Ward		02:30:07
257	69	Lucie Baker		02:30:17
258	136	Lucy Morrison	Lewes AC	02:30:50
259	424	Joan Fursdon	Lingfield Running Club	02:31:21
260	22	Emma Richardson		02:31:46
261	17	Bleu Pearce		02:32:16
262	79	Lorraine Counsell	Brighton & Hove Womens Running Club	02:32:32
263	489	John Trory	Road Runners AC	02:32:43

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264	193	Leo Ellis		02:32:54
264	38	Holly Lawson		02:32:54
266	133	Louisa Devismes		02:33:12
267	414	Alexandra Witt	Brighton & Hove Womens Running Club	02:33:21
268	72	Faye Revington		02:33:37
269	117	Victoria Hillman		02:34:20
270	65	Michelle Downham		02:34:46
271	474	John Cave		02:35:20
271	16	Camille Menard	Brighton & Hove Womens Running Club	02:35:20
271	89	Katherine Steel		02:35:20
274	75	Charlotte Taylor	Brighton Tri Club	02:35:21
274	90	Danielle Gaynor		02:35:21
276	430	Ann Williams	Mel's Milers	02:35:34
277	286	Chris Geer	Compression Monkeys	02:35:36
278	35	Georgina Cooper		02:35:40
279	4	Megan Williams		02:35:50
280	156	Cathy Tutton	Mums Fitness	02:36:11
281	332	Geoff Ward		02:36:20
282	479	Les Brown		02:36:40
283	71	Julie Reeves	Eastbourne Rovers AC	02:36:48
283	77	Lisa Goad	Eastbourne Rovers RR	02:36:48
285	255	Peter Sebok		02:36:56
285	48	Agnes Sebok-Fekete		02:36:56
287	11	Lauren Ricketts		02:37:11
287	10	Tessa Burt		02:37:11
289	350	Sean Meekings		02:37:17
290	371	Dan Cowan	Team Cowan	02:37:21
291	175	Tommy Oakley		02:37:34
292	267	Lee Death		02:37:36
293	415	Jennifer Child	Epsom Oddballs RC	02:37:48
294	416	Marlene Pautard	Lingfield Running Club	02:38:06
295	209	Rahul Hayder		02:38:10
296	70	Hannah Watkinson		02:38:13
297	349	Robert White		02:38:18
298	127	Lisa Dukelow		02:38:47
299	318	Jan Pratt		02:38:50
300	157	Abi Ellson		02:38:59
301	74	Lucie Harmer Cernanska		02:39:05
302	97	Carlene Crust	Team Tangerine	02:39:33
303	324	Warren Gunn		02:40:04
304	423	Hazel Rochez		02:41:02
305	241	Richard Herrett		02:42:28
306	43	Connie Griffin		02:43:02
306	39	Sara Boyle		02:43:02
308	220	Mark Teti		02:43:44
309	351	Stephen Hughes		02:44:01
310	118	Natalia Hughes		02:44:02
311	411	Olivia Trimbee		02:44:28
312	177	Andrew Turner		02:44:40
313	406	Kate Douglas		02:45:32
314	21	Elly Chilcott		02:45:44
315	113	Sonja Bracco		02:46:24
315	32	Karen Parker		02:46:24

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317	54	Naomi Barnard		02:46:34
318	52	Monika Zielinska		02:47:32
319	142	Alissa Capon		02:47:45
320	98	April Retallick		02:47:59
321	483	Graham Watson		02:48:18
321	475	Gerard Walshe		02:48:18
323	429	Louise Cave		02:48:54
324	134	Rebecca Gartrell		02:49:27
325	139	Vanessa Rowlands		02:50:12
326	363	Nigel Chandler		02:50:30
327	200	Phillip Dakin		02:50:58
328	50	Katherine Perrin	Brighton & Hove Womens Running Club	02:51:02
328	154	Debbie Belcher	The Run Squad	02:51:02
330	66	Amy Maughan		02:51:06
331	361	Stuart Muller		02:51:23
332	120	Samantha Davies		02:51:35
332	94	Caroline Burley		02:51:35
334	114	Zingy Thetho		02:51:47
335	187	Glen Walter		02:52:16
336	238	Gary Cahill		02:52:42
337	76	Jozka Hunt		02:53:06
338	110	Trish Hamblin		02:53:44
338	440	Jonathan Parry		02:53:44
340	277	Tristan Daynes		02:54:02
340	420	Rochelle McGlave		02:54:02
342	206	Gary Wren		02:54:43
343	316	David Loader	Urban Outdoor Fitness	02:55:25
344	163	Nathanael Gordon-Johnson		02:56:12
345	3	Hatty Berry	Amanda's Angels	02:56:38
346	412	Julia Harrison-Lee		02:57:08
347	31	Stephanie Cox		02:58:23
347	33	Hayley Freeman		02:58:23
349	88	Anne Flude	Train Strong	02:59:29
350	149	Micky Moynihan		02:59:39
351	222	Slawomir Augustyn		03:00:09
352	217	Ruhal Ahmed		03:00:41
353	80	Vicky Robertson	SPD	03:01:14
354	73	Sandra Jansen		03:02:31
354	433	Louise Schweitzer	Arena 80 AC	03:02:31
356	6	Jenny Whelan		03:02:45
357	144	Alison Payne		03:02:47
358	151	Debbie Watts		03:03:01
358	402	Jacqueline Hislop	Wrexham AAC	03:03:01
360	252	Neville Sheridan		03:04:01
361	116	Claire Duffield		03:04:46
362	131	Alexandra Parsons		03:04:47
363	119	Denise Power		03:04:53
364	470	Keith Crow		03:05:04
364	138	Tiffany Teasdale	Waverley Harriers	03:05:04
366	105	Helen Ridley		03:07:16
367	287	David Hammond		03:10:36
368	95	Bernadette Pelling		03:12:05
369	161	Paula O'Sullivan		03:12:07

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370	432	Carla Ibrahim		03:16:09
371	30	Alyaa Almadwi		03:19:41
372	126	Kerry Bunn	Urban Outdoor Fitness	03:20:13
372	24	Jess Hancock		03:20:13
374	431	Kathleen Gore	Uckfield Runners	03:25:29
374	153	Kirsten Heukelbach		03:25:29
376	155	Felicity Joyce		03:32:46
377	143	Sarah Kilmartin		03:34:02
378	480	Patrick Knightly		03:35:29
379	481	Brian Dray	Brighton Multisports	03:47:49
380	471	Ian Prior		03:47:57
381	419	Andrea Orosz		04:05:58
382	140	Shona Slingo-Bass		04:10:39
383	421	Marie Church		04:27:15
383	428	Sonia Cserjen		04:27:15
	129	Alex Porteous		DNF
	186	Jaime Ballesta Gonzalez		DNF